



Riga, Latvia

Feb 1st, 2009

**Re.:** Minutes of the meeting of the representatives of Latvian, Lithuanian and Estonian bodybuilding and fitness federations.

The meeting of representatives of Latvian, Lithuanian and Estonian bodybuilding and fitness federations took place on February 1<sup>st</sup>, 2009 in Riga, *Reval Hotel Latvija*.

At the meeting were present:

**Latvia:** Kristine Vedernikova (President), Vladimirs Belovs (Vice-President)

**Lithuania:** Arvydas Mickus (Vice-President), Arunas Petraitis (Contests Director)

**Estonia:** Ott Kiivikas and Natalia Nazarenko-Kiivikas (representatives of EKFL)

#### **AGENDA:**

1. The history of the Baltic matches 1968 – 1970
2. The places, dates and the program of matches
3. Regulations
4. Accommodation, the schedule
5. Awards
6. Official logo
7. Others

Arunas Petraitis represented the brief history of the Baltic matches held in 1968 – 1970. It was also followed by printed press-release. It was decided to renew these regional contests between three Baltic countries on a regular basis each spring.

The place of contest each year will alternate. For the year 2009 was accepted Siauliai, Lithuania (May 16<sup>th</sup>, 2009). The Regulations for the contest must be prepared by the organizers. The dead line for the 2009 match is May 1<sup>st</sup>.

Estonia proposed Tallinn as the venue for the 2010 year match.

There will be 5 overall categories in which every country must be represented by 2 competitors.

The men's categories: bodybuilding, classic bodybuilding, juniors (U 21) bodybuilding.

The women's categories: fitness, body fitness.

Judges panel consists of 7 judges and will be composed in such way: 2 + 2 + 3 (organizers).

Points for the team championships: 1<sup>st</sup> place – 6 pts., 2<sup>nd</sup> place – 5 pts.....6<sup>th</sup> place – 1 point.

The organizers cover 1 or 2 nights (depending on made agreements) for the teams (10 competitors plus 3 officials per country). No meals.

The schedule of the contest and invitations must be prepared by the organizer.

The Awards: different prizes for 1-3 and 4-6 placements, diplomas for 1-6 places. The Team championships Cup is as Transition Award, diplomas for 2 and 3 places.

The match logo must be little re-corrected; a caption *Baltic match* has to be added.

Not necessary for prize-money. Only by additional agreement.

Arunas Petraitis,  
Secretary of the meeting