



## **FINAL INVITATION TO INTERNATIONAL BALTIC MATCH IN BODYBUILDING AND FITNESS**

**DATE:** May 16 th, 2009.

**PLACE:** Siauliu arena (J.Jablonskio 16, [www.siauliuarena.lt](http://www.siauliuarena.lt) ), Siauliai, Lithuania.

**ORGANIZERS:** Sport Club ELADA and LITHUANIAN BODYBUILDING FEDERATION. The match will be as one of IV International Sports Games „Saules miestas – 2009“ events.

**SANCTIONED:** By the Lithuanian Bodybuilding Federation (IFBB).

**TOURNAMENT DIRECTOR AND THE HEAD JUDGE :** Arunas Petraitis, [arunas@elada.w3.lt](mailto:arunas@elada.w3.lt)  
+370 687 82122

**CATEGORIES:** Three men's overall categories (bodybuilding, classic bodybuilding and juniors U 21 bodybuilding) and two women's overall categories (body fitness and fitness). The competition is held according to the rules of the IFBB.

**TEAMS:** The delegacy include 10 (ten) sportsmen and 2 (two) officials of the team.

**JUDGES:** Team of judges will consist of seven judges - two from each of the guest country, and three - from the host side.

### **TIME SCHEDULE:**

Arrivals: from 12.00 on the 15 th of May.

Weigh-in: 19.00 – 20.00 on the 15 th of May at the hotel „Siauliai“ (Draugystes 25).

Registration fee: 10 (ten) litas.

Judges meeting: from 10.00 to 10.30 in arena.

Beginning of contest : 11.00 on the 16 th of May. Awards ceremony will take place in arena at 18.00 during the opening of the Games.

Departures: till 24.00 on the 16 th of May.

**ACCOMMODATION:** The accommodation (without meals) will be free for the official delegacy members: athletes participating in the tournament and the officials of the team.

**AWARDS:** Trophies, medals and diplomas for 1-6 places. Best team will be awarded with bridging Cup.

**TEAM AWARDS:** Best team scoring (2 athletes per category) will proceed as follows: 1st place – 6 pts., 2nd place – 5 pts. and etc. 6th place – 1 point.

**CONTACTS:** Please confirm contest director about your participation till **May 1st, 2009.**

**Contest director**

Arunas Petraitis